

Stanford Medicine Transportation Services

### **Transportation & Parking News**

### In This Issue

June 26, 2024

- 1. Refresh Your Commute this Summer with Caltrain and Biking
- 2. Free East Bay Commuter Options to Stanford Medicine Main Campus
- 3. New Stanford University Parking Permit System

# Refresh Your Commute this Summer with Caltrain and Biking

Looking for a new way to commute this summer? Ditch the traffic and hop on the Caltrain or enjoy a refreshing bike ride to work.



Commute to work this summer with Caltrain, biking, or both!

The summer season brings with it longer days and warmer weather. Take this opportunity to refresh your commute by boarding the Caltrain or biking to work!

#### Ditch the summer traffic and hop on the Caltrain

Traffic congestion is at its peak during the summer season. Why not make your commute stress-free by taking the Caltrain to work? Using this public transit option gives you the time to work, read, listen to music, or to watch your favorite television show!

As part of Stanford Medicine's Clipper card benefit, eligible Stanford Medicine employees can ride the Caltrain for free with the Caltrain Go Pass. This benefit is great for commuting to work, but you can also use it however you want like catching a weekend concert or attending a summer festival nearby!

Using the Caltrain Go Pass is easy! Simply scan your free Stanford Medicine Clipper card (pre-loaded with a Caltrain Go Pass) at a Caltrain station, then sit back and relax.

To learn more about the free Caltrain Go Pass available to qualifying Stanford Medicine employees, <u>click here</u>.



Eligible employees can stop by at the temporary Transportation Pop-Up (located on North Pasteur Drive next to the shuttle stop) to get a Clipper Card pre-loaded with Caltrain Go Pass.

#### Make your commute fun and exciting with biking

Biking is not only sustainable, but a great way to get a workout in especially with the brighter and warmer days of summer!

Stanford Medicine's Palo Alto campus offers a variety of bicycle amenities for staff to utilize like bicycle parking facilities and tire filling stations. In addition, there are <a href="mailto:shower and locker rooms">shower and locker rooms</a> available for a quick refresh before starting your shift.

Discover Stanford Medicine's bicycling amenities at the Stanford Medicine Palo Alto campus <u>here</u>.

Not ready to bike the full distance? Try bringing your bike on Caltrain! Learn more by clicking <a href="here">here</a>.

To explore these alternative transportation options and more, visit the Stanford Medicine Transportation Services website by clicking the button below.

**EXPLORE ALL STAFF COMMUTING OPTIONS** 

## Free East Bay Commuter Options to Stanford Medicine Main Campus

Commuting from the East Bay does not have to be stressful.



The Alameda-Contra Costa (AC) Transit Line U is just one of the options for commuting from the East Bay to the Main Hospital Campus

Staff who live in the East Bay and travel to the Stanford Medicine main campus can choose from a variety of free transportation alternatives to skip the toll and commute in style. Take a look at these 3 excellent programs below:

#### 1) Alameda-Contra Costa (AC) Transit Line U & Marguerite Line AE-F

- The Marguerite Line AE-F supplements the AC Transit Line U transbay service.
- Grab a ride from the Fremont BART station, Park & Ride at Wells Fargo, or Ardenwood Park & Ride and enjoy a direct connection to the Stanford Medicine Palo Alto campus.
- Drop-offs are available at Palm Drive (Stanford Campus), Quarry Road (Psychiatry parking lot and building), and the Roth Way Garage.
- Line AE-F is free to all riders, and the AC Transit Line U is free with your hospital ID.

#### 2) Marguerite Line - East Bay Express (EB)

- The East Bay Express (EB) travels from the Fremont and Union City Bay Area Rapid Transit (BART) stations and Ardenwood Park & Ride directly to the Stanford Campus, with stops along Quarry Road.
- Line EB is free to all riders.

#### 3) Line Dumbarton (DB)

• The Dumbarton Express offers direct bus service from the East Bay to the Stanford Campus, with pick-ups available at the Union City Bay Area Rapid Transit (BART) station.

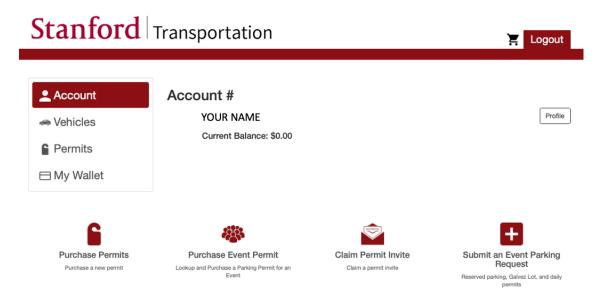
- Stops are available at Ardenwood Park & Ride in the East Bay, Palo Alto Caltrain station, and Palm Drive (Stanford Campus).
- Eligible employees ride for free with a Stanford Medicine-provided <u>Clipper Card</u>.

Click the link below to explore all the shuttle options available to hospital staff.

**CLICK HERE TO LEARN MORE** 

## New Stanford University Parking Permit System

Stanford University is launching a new parking permit system effective June 28, 2024. This system is designed to enhance the process of buying and managing commuter permits.



Use the "Purchase Permits" feature on the new University permit portal to view the Stanford University commuter permits you are eligible to purchase and select from daily or monthly parking permit options.

#### What permits are affected by the transition?

• Stanford University 'A', 'C', 'Z', and 'MC' commuter parking permits will be purchased and managed on the <a href="mailto:new parking permit system">new parking permit system</a>

#### What permits are not affected by the transition?

- Hospital parking permits for:
  - 500P Pasteur Staff Garage

- 700, 730/732, 750, 770, 777, 900, and 1000 Welch Road
- Patient/Visitor Parking areas including:
  - Pasteur Visitor Garage
  - Lucile Packard Children's Hospital Main & West Garages
  - Blake Wilbur Surface Lot
  - 500P and 300P Emergency Department Lots
  - The patient/visitor area (lower levels) of Hoover Pavilion Garage

For details about hospital staff parking, please visit <a href="https://www.stanfordmedicinetransportation.org/staff-parking">https://www.stanfordmedicinetransportation.org/staff-parking</a>

#### What do you need to know?

- If you purchase parking for 500P Pasteur Staff Garage or a Welch Road property via the <u>Stanford Medicine Parking app</u>, there is no change to your parking process!
  - Want FREE or discounted parking at the 500P Pasteur Staff Garage? Try <u>Carpooling!</u>
- If you currently have an active or future daily or month Stanford University 'A', 'C', 'Z', or 'MC' commuter parking permit, it will transfer automatically to the new system with the same vehicle information and expiration date.
- Beginning June 28, any future Stanford University commuter parking permits should be purchased using the new parking permit system.
- The new system will have the same parking permit types and eligibility, payment options, and Single Sign on (SSO) log in for employees.
- Sponsored affiliates:
  - You will retain your sponsorship and do not need to reapply
  - Upon first log in, please use the "other affiliate" option, and click "forgot password". Enter the email address associated with your previous parking permit account to set up your account in the new system





## Try Out One of the FREE Park & Ride Lot and Shuttle Programs to the Stanford Medicine Palo Alto Campus

The Santa Clara Park & Ride lot (near Levi Stadium) and the Campbell Park & Ride lot (formerly the old Fry's Electronics lot) provide free parking and transportation for staff at the Stanford Medicine Palo Alto hospital campus. Enjoy easy, free parking and a direct shuttle ride that connects directly to Lucile Packard Children's Hospital and 500 Pasteur!

For more information, view the flyers here: Santa Clara Park & Ride | Campbell Park & Ride

#### **Commuting from the East Bay?**

East Bay staff can park for free at the Ardenwood Park & Ride lot (Ardenwood Blvd. & Hwy. 84), which is located in Fremont. This lot connects with transbay commuter busses to the Stanford Medicine Palo Alto hospital campus and the Stanford University campus.

For more information, view the flyers here:

<u>Alameda-Contra Costa (AC) Transit Line U & Marguerite Line AE-F | Marguerite Line - East Bay Express (EB) | Line Dumbarton (DB)</u>

Lines AE-F and EB are free to all riders, Line U is free with your Stanford Medicine ID, and the DB line is free with a Stanford Medicine provided <u>Clipper</u> <u>Card</u>.

Stanford Medicine Transportation Services is here to help if you have any questions. Visit the Stanford Medicine Transportation Services website, or contact the Hospital Transportation Operations Center at

<u>TransportationServices@stanfordhealthcare.org</u> or 650-736-8000.

The Hospital Transportation Operations Center phone line is operated 24/7, so you can reach out any time.



Share the Hospital Transportation Services Newsletter!

#### **Stanford Medicine Transportation Services**

https://stanfordmedicinetransportation.org/ <u>TransportationServices@stanfordhealthcare.org</u> Call or Text: 650.736.8000

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