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Stanford Medicine Transportation Services

Transportation & Parking News

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October 20, 2023

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"Fall" Into a Healthy Commute

A change in season means a change in lifestyle!



See below for a few options to "pumpkin spice" up your day to day routine!

Fall is here! With longer nights, darker commutes, and increased traffic, driving alone to work can be a big hassle. Skip the stress and try a new commute mode this fall!

1. Commuter Buses

Instead of stressing about driving, enjoy a free bus ride from <u>Campbell</u>, <u>Santa Clara</u>, or the East Bay (on the <u>AE-F</u>, <u>EB</u>, or <u>Dumbarton Express</u>) to the Stanford Medicine Palo Alto Hospital Campus.

2. Caltrain Go Pass

Set aside time for yourself on Caltrain! Use the train as "you-time" to catch up on work, listen to music, or watch your favorite TV show!

3. Pasteur Staff Garage Carpool Program

Register for the Pasteur Staff Garage (PSG) carpool program and get free or discounted parking at PSG! Add one additional carpooler to receive 50% off (\$6) or ride with two or more carpoolers to park for free.

4. Clean Air Cash Trial

Choose a sustainable commuting option and leave your parking permit behind to receive \$25/month with the Clean Air Cash Trial! *Eligibility requirements apply, see the <u>FAQ flyer</u> for more details.*

5. Bike Program

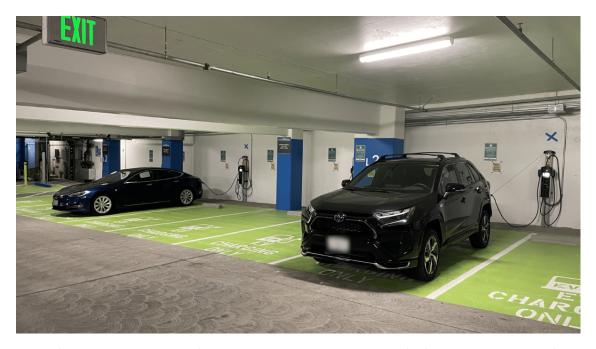
Get your daily exercise in by biking to work! The Stanford Medicine Palo Alto hospital campus offers a variety of bicycle amenities for staff to utilize like bicycle parking facilities, tire filling stations, and <u>convenient shower & locker rooms</u>.

To learn more about these alternative transportation options and more, visit the Stanford Medicine Transportation Services website by clicking the button below.

CLICK HERE TO LEARN MORE

NEW Electric Vehicle (EV) Charging Stations at the Pasteur Staff Garage (PSG)

Stanford Medicine takes another step towards sustainability with the installation of 20 EV charging stations at the Pasteur Staff Garage.



Stanford Medicine now offers convenient electric vehicle (EV) charging stations for employees and staff parking at the PSG.

Stanford Medicine Transportation Services is excited to announce the availability of 20 new electric vehicle (EV) charging stations for employees and staff parking at the lower level 2 (L2) of the Pasteur Staff Garage!

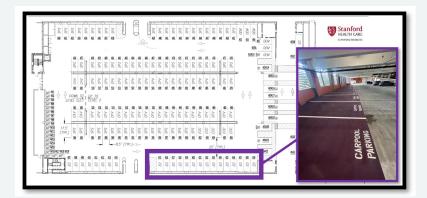
This milestone marks the third EV charging station project for Transportation Services - the previous project being at the Pasteur Visitor Garage.

The goal for these projects is to contribute to Stanford Medicine's mission to promote sustainability and to meet the growing demand of EV vehicles.

See all staff EV charging stations near the Stanford Medicine Palo Alto hospital campus by <u>clicking here</u> or the button below.

Did you know that there are carpool-only stalls at PSG?

The carpool-only parking stalls are on Level 1 of the PSG – right next to the garage entrance! These stalls are **PURPLE** (see picture below) and are exclusive to registered carpooling groups in the PSG carpool program.



The **PURPLE** stalls are reserved for carpool parking until 10:00 AM on weekdays. After 10:00 AM, the stalls open for general staff parking.

To learn more about the carpool program, check out the flyer <u>here</u> or the carpool program video <u>here</u>.

FIND STAFF EV CHARGING STATIONS NOW

Share Your Road Safety Experience Biking and Walking in Palo Alto

The City of Palo Alto values your perspective and experiences related to road safety. Your feedback from the survey and online map will help identify community priorities around safety, particularly walking and biking.



Visit the Active Palo Alto program page for more details.

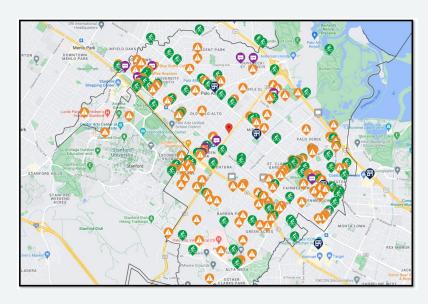
The City of Palo Alto is collecting feedback through a survey and online map as part of their new plan update effort, called *Active Palo Alto*!

The Active Palo Alto program will reflect community needs, consider recent trends in bicycle technology, and address changes in bicycle and pedestrian planning and design.

Your feedback will help inform the types of improvements that the City of Palo Alto will include in the *Active Palo Alto* plan.

Take the survey <u>here</u> to share your experiences with road safety at Palo Alto and your opinions on implementing certain infrastructures.

Use the Active Palo Alto online map <u>here</u> to share your thoughts about walking and biking in Palo Alto. You can drop pins on specific areas of Palo Alto that you feel is a challenge to access, needs better infrastructure, or is a safety concern.

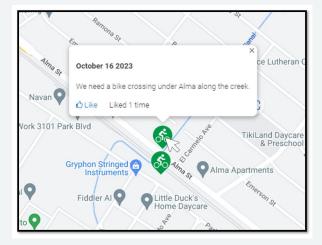


To drop a feedback pin:

- 1. Launch the online map.
- 2. Zoom-in on the map to your desired location.
- 3. Double click on your desired location to open a comment box on the left.
- 4. In the comment box, describe your issue or thoughts and click "Create Comment" to save.
 - a. If you placed a red pin down and would like to move it, click "just undo" to remove the pin.



5. On the online map, you can click on the icons to view proposals from other people as well.







Try Out One of the FREE Park & Ride Lot and Shuttle Programs to the Stanford Medicine Palo Alto Campus

The Santa Clara Park & Ride lot (near Levi Stadium) and the Campbell Park & Ride lot (formerly the old Fry's Electronics lot) provide free parking and transportation for staff at the Stanford Medicine Palo Alto hospital campus. Enjoy easy, free parking and a direct shuttle ride that connects directly to Lucile Packard Children's Hospital and 500 Pasteur!

For more information, view the flyers here: Santa Clara Park & Ride | Campbell Park & Ride

Commuting from the East Bay?

East Bay staff can park for free at the Ardenwood Park & Ride lot (Ardenwood Blvd. & Hwy. 84), which is located in Fremont. This lot connects with transbay commuter busses to the Stanford Medicine Palo Alto hospital campus and the Stanford University campus.

For more information, view the flyers here:

<u>Alameda-Contra Costa (AC) Transit Line U & Marguerite Line AE-F | Marguerite Line - East Bay Express (EB) | Line Dumbarton (DB)</u>

Lines AE-F and EB are free to all riders, Line U is free with your Stanford Medicine ID, and the DB line is free with a Stanford Medicine provided <u>Clipper</u> <u>Card</u>.

Stanford Medicine Transportation Services is here to help if you have any questions. Visit the Stanford Medicine Transportation Services <u>website</u>, or reach out via email, phone call, or **text**! The Hospital Transportation Operations Center phone line is operated **24/7**, so you can reach out any time.

Stanford Medicine Transportation Services

https://stanfordmedicinetransportation.org/ TransportationServices@stanfordhealthcare.org Call or Text: 650.736.8000

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