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Stanford Medicine Transportation Services

## Transportation & Parking News

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*October 4, 2023*

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## Get FREE & Discounted Parking with the Pasteur Staff Garage Carpool Program!

Enjoy a stress-free ride with your coworkers to the Palo Alto hospital campus!



Save on parking permit costs at the Pasteur Staff Garage (PSG) by enrolling in the PSG carpool program today

The Pasteur Staff Garage (PSG) carpool program is now available for all Stanford Health Care staff and will allow you to get free or discounted parking at PSG!

### **How do I participate in the PSG carpool program?**

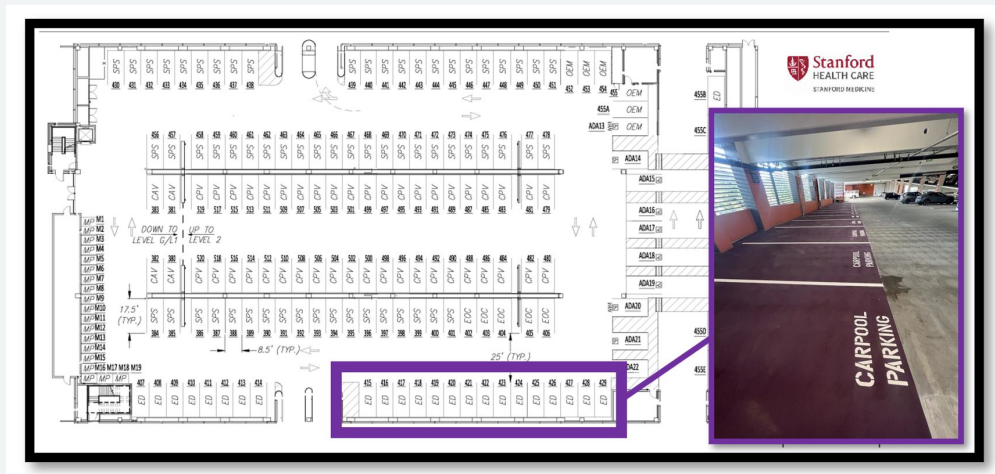
- Fill out the carpool program sign-up form to get matched with a group!
  - In the form, you will have the option to identify if you have a pre-selected group.
- Once matched with a group, use the Stanford Medicine Parking App to book a discounted PSG parking permit.
- Discounts are based on vehicle occupancy:
  - Single Occupancy: 0% discount (\$12)
  - Two-Person Occupancy: 50% discount (\$6)
  - Three or More Occupancy: 100% discount (\$0)

Entering the Pasteur Staff Garage with your carpool riders is easy! Simply pull up to the right entry gate of the garage, and the gate will open automatically.



## Carpool stalls at PSG

Stanford Medicine Transportation Services is excited to announce new **PURPLE** parking stalls exclusively for registered carpooling groups in the PSG carpool program.



Carpool stalls are located on Level 1, right next to the garage entrance

### Parking rules for the carpool stalls:

- **PURPLE** stalls will be reserved for carpool parking until 10:00 AM on weekdays.
- After 10:00 AM, these stalls will be released for general staff parking.
- Until 10:00 AM on weekdays, the carpool stalls will be enforced and vehicles not registered under the carpool program will receive a warning or invoice.

### Additional carpool stalls coming soon

More carpool stalls will be available for carpool groups in the coming weeks! The additional stalls will be located on the ramp going to the second level up at the Pasteur Staff Garage.

### Carpool Tabling Event

Stanford Medicine Transportation Services recently hosted a tabling event with free goodies like donuts, bagels, and coffee to show appreciation for PSG carpool program participants.

More events like these will be available soon for staff who choose sustainable methods of transportation to work!



To learn more about the carpool program and how the parking permit booking process works, check out the flyer [here](#) or the carpool program video [here](#).

To register for the carpool program, fill out the carpool sign-up form by clicking the button below.

[SIGN UP FOR THE CARPOOL PROGRAM](#)

## Bike Maintenance Webinar - Thursday, October 12, 2023

Attend the bike maintenance webinar to learn how to inspect your bike, change a flat tire, adjust the seat and much more!



Check your bike before you head out on a ride!

Join Stanford Medicine Transportation Services, Trauma Services - Injury Prevention, and the Silicon Valley Bicycle Coalition for a free one-hour lunchtime **Bike Maintenance webinar!**

The webinar will be held on Thursday, October 12, 12:15 PM - 1:15 PM. Feel free to attend for the whole class or drop in for part of the class.

**In the class you will learn:**

- How to check your bike to ensure it is safe to ride using the air, brakes, cranks/chain/cogs, and quick release check (ABC quick check) method.
- How to change a flat.
- How to adjust the height/angle of your seat.
- How to check your brakes and do minor brake adjustment.

There will also be time for Q&A. This session will also be recorded and made available for viewing after the event.

Register for the webinar by clicking the button below.

**BIKE MAINTENANCE WEBINAR SIGN UP**

# **NEW Valley Transit Authority Benefit - Guaranteed Ride Home!**

Commute with confidence when using a qualifying sustainable transportation mode knowing you have a guaranteed back-up ride during unexpected times.



Visit [vta.org/grh](https://vta.org/grh) for program rules and limitations

Looking to take transit, carpool, or bike to work, but worried about what you would do in an emergency?

The Valley Transit Authority (VTA) Guaranteed Ride Home (GRH) program is here for you so you can put those worries aside!

## **What is the VTA Guaranteed Ride Home (GRH) program?**

The GRH program is provided by VTA to encourage commuters to use a sustainable mode of transportation to work, college, or adult education classes in Santa Clara County, by providing reimbursement on the cost to get home in the event of an emergency.

Participants are eligible to receive up to six reimbursements a year or \$500 in total reimbursements, whichever comes first. Each qualified trip may be reimbursed up to \$125.

The VTA Guaranteed Ride Home program is completely free to join and participate in!



Santa Clara County has 15 cities and includes the shaded area above

### **Who is eligible for a VTA GRH program reimbursement?**

- Must be 18 years or older
- Must work in Santa Clara County or attend a post-secondary school/college in Santa Clara County
  - The Stanford Medicine Palo Alto hospital campus (example - 500 & 300 Pasteur), Lucile Packard Children's Hospital, and the Stanford Medicine South Bay campus are eligible for the GRH benefit
- Must have used a sustainable transportation mode to get to work or school on day GRH is needed
- Must have a VTA GRH account at the GRH portal

### **What types of emergencies are eligible for a qualified GRH trip?**

- Personal or family illness, injury or emergency
- Home emergency
- Eldercare or daycare emergency
- Bicycle/e-scooter theft or breakdown
- Unforeseen change of work schedule (supervisor verification will be required)
- Carpool/shuttle partner emergency/cancellation resulted in loss of ride home
- Local air quality index exceeds 300

### **How do I request a reimbursement?**

If you are experiencing an eligible emergency, as mentioned above (example: bicycle tire flat), you may request a reimbursement via the GRH portal.

1. Participants must complete the questionnaire provided in the reimbursement request and provide trip receipt(s).
2. The receipt(s) must show the start location, end location, date, and cost breakdown for your trip, along with any other accompanying information.
3. Reimbursement requests must be submitted within 30 days of GRH trip.

For more information about the Guaranteed Ride Home program and how to sign up, click the button below.

[CLICK HERE TO LEARN MORE](#)

## Updated Caltrain Weekday Schedule

Caltrain has implemented a new weekday schedule to better align with Caltrain/Bay Area Rapid Transit (BART) transfers at Millbrae.

## Important Update From



On Monday, September 25, 2023, the updated Caltrain weekday schedule went into effect, aiming to:



1. Align better with the new BART schedule at Millbrae
2. Provide faster local trains in the evening
3. Increase Gilroy service with a 4th roundtrip train
4. Temporarily adjust service to and from Tamien to accommodate midday work on the Guadalupe Bridge Rehabilitation project

The weekday schedule will be adjusted to better align [Caltrain/BART transfers at Millbrae](#).

View the updated Caltrain weekday schedule by clicking the button below.

[VIEW UPDATED CALTRAIN SCHEDULE](#)



### **Try Out One of the FREE Park & Ride Lot and Shuttle Programs to the Stanford Medicine Palo Alto Campus**

The Santa Clara Park & Ride lot (near Levi Stadium) and the Campbell Park & Ride lot (formerly the old Fry's Electronics lot) provide free parking and transportation for staff at the Stanford Medicine Palo Alto hospital campus. Enjoy easy, free parking and a direct shuttle ride that connects directly to Lucile Packard Children's Hospital and 500 Pasteur!

For more information, view the flyers here:  
[Santa Clara Park & Ride](#) | [Campbell Park & Ride](#)

### **Commuting from the East Bay?**

East Bay staff can choose to park for free at the Ardenwood Park & Ride lot (Ardenwood Blvd. & Hwy. 84) and the Wells Fargo Park & Ride lot (3440 Walnut Avenue) - both located in Fremont. These lots connect with transbay commuter busses to the Stanford Medicine Palo Alto hospital campus and the Stanford

University campus.

For more information, view the flyers here:

[Alameda-Contra Costa \(AC\) Transit Line U & Marguerite Line AE-F](#) | [Marguerite Line - East Bay Express \(EB\)](#) | [Line Dumbarton \(DB\)](#)

Lines AE-F and EB are free to all riders, Line U is free with your Stanford Medicine ID, and the DB line is free with a Stanford Medicine provided [Clipper Card](#).

Stanford Medicine Transportation Services is here to help if you have any questions. Visit the Stanford Medicine Transportation Services [website](#), or reach out via email, phone call, or **text!** The Hospital Transportation Operations Center phone line is operated **24/7**, so you can reach out any time.

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**Stanford Medicine Transportation Services**

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