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Stanford Medicine Transportation Services  
**Transportation & Parking News**

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*July 28th, 2021*

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## Save Money on Commuting Costs

Commuter Pre-Tax Benefits can help you save on your commute!



## Pre-Tax Benefits can help you save on commuting costs

With Edenred commuter benefits you can use pre-tax dollars to save on commuting expenses.

Sign up for Edenred benefits to use pre-tax dollars to pay for up to \$270 per month of transit or other commuting expenses. In addition, you can use pre-tax dollars to pay for up to \$270 per month of parking expenses.

The program is easy to use; there's no "use it or lose it" policy or open enrollment period, and you can sign up, pause or cancel contributions at any time.

Savings vary by person depending on your salary and monthly commuting expenses

For more information, including how to sign up, click the link below!

[CLICK TO LEARN MORE](#)

## Caltrain: Get on Board!

Traffic is picking up - breeze through your commute with Caltrain!



Stanford Medicine staff at the Caltrain station

## Traffic's picking up, but you don't have to wait in it - try riding Caltrain!

As more commuters are returning to the office, more and more are turning to Caltrain for an easy, efficient, and environmentally friendly commute! Don't be left out of the fun - try Caltrain for your commute and enjoy a relaxing ride to and from work.

Here's a few extra tips to improve your Caltrain commute:

- Benefits-eligible Stanford Medicine employees can ride Caltrain for **free** with the Caltrain GoPass on your Stanford Medicine Clipper Card. For more information about Caltrain GoPass, click [here](#)
- Biking to the station? Make sure you have a destination tag on your bike! If you don't have one already, you can print your own following the instructions on the Caltrain website [here](#)
- Prefer a shuttle ride? Free shuttles connect the Palo Alto Caltrain Station to the main hospital buildings. Click below for route maps & schedules
  - [Medical Center \(MC\) Line](#)
  - [Line X](#)
  - [Line Y](#)
  - [Evening Parking Shuttle](#)

For more information about Caltrain, including schedules, click the link below.

[CLICK TO LEARN MORE](#)

## Bicycle Workshops Survey

Stanford Medicine Transportation Services & Trauma Service Injury Prevention Program  
want to hear from you!



A Stanford Medicine staff member biking to Lucile Packard Children's Hospital

### Calling all cyclists!

The Transportation Services and Trauma Service Injury Prevention Program are partnering to encourage safe cycling.

In an effort to educate and encourage the Stanford Medicine Community on the best ways to bike, a few short workshops/webinars will be hosted. During this planning phase, your feedback is essential. Please consider filling out the survey to on which topics you are most interested in, and provide feedback on how the Stanford Medicine bike program can be enhanced.

To fill out the survey, please click the link below.

[CLICK TO LEARN MORE](#)

### **Tired of Paying for Parking at the Main Campus? Try the SRI Park & Ride Lot and Shuttle!**

The SRI Park & Ride Lot is conveniently located in Menlo Park, and provides FREE parking and transportation for staff at the main hospital campus. Enjoy easy, free parking and a quick shuttle ride that connects directly to Hoover

Pavilion, Lucile Packard Children's Hospital, Blake Wilbur, and 500 Pasteur!

For more information, view the flyer [here](#).

Hospital Transportation Services is here to help if you have any questions. Visit the Hospital Transportation Services [website](#), or reach out via email or phone. The Hospital Transportation Operations Center phone line is operated **24/7**, so you can reach out any time.

**Stanford Medicine Transportation Services**

<https://stanfordmedicinetransportation.org/>

[TransportationServices@stanfordhealthcare.org](mailto:TransportationServices@stanfordhealthcare.org)

650.736.8000

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