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Stanford Medicine Transportation Services

Transportation & Parking News

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September 22nd, 2021

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Save on Your Commute with Pre-Tax Benefits

Pre-tax commuter benefits can help you save every day!



Eligible employees can sign up for pre-tax commuter benefits to save on commuting expenses

Is your commute costing you?

If you are spending money on commuting expenses such as public transit passes (BART) or paying for parking at a transit station (Caltrain), you could save money with Pre-Tax Commuter benefits!

Interested in saving?

- For transit pre-tax benefits, click [here!](#)
- To learn how you could use pre-tax money to save at the 500P - Pasteur Staff Garage, click [here!](#)

Click the link below for more information about pre-tax benefits, including a calculator to find out how much you could save!

[CLICK TO LEARN MORE](#)

Free Parking Near the Main Hospital Campus

The SRI Park and Ride Lot is just a shuttle ride away!



Park for free at the SRI Park and Ride Lot in Menlo Park

Did you know that the SRI Park & Ride Lot is less than 3 miles from the main hospital campus?

Conveniently located in Menlo Park, the SRI Park & Ride lot is a great option for commuters to the main campus. All you need is a **free** parking hangtag! Check out how it could fit into your commute:

If you...

- Take 101 South to campus: get off the freeway early at the Willow Road Exit
- Take 101 North to campus: stay on the freeway just a little longer to exit at Willow Road

- Take the Dumbarton Bridge to campus: simply stop off at 301 Ravenswood on your way

Want to see how the SRI Park & Ride lot fits your commute? Click [here](#) for directions.

For more information about the SRI Park & Ride Lot & Shuttle, click the link below.

[CLICK TO LEARN MORE](#)

East Bay Commuter Buses

Commuting from the East Bay doesn't have to be stressful



The AC Transit Line U is just one of the options for commuting from the East Bay to

the Main Hospital Campus

Staff who live in the East Bay and travel to the Stanford Medicine Main Campus have a variety of **free** options to skip the toll and commute in style.

- [AC Transit Line U & Marguerite Line AE-F](#)
 - The Marguerite Line AE-F supplements the AC Transit Line U transbay service. Grab a ride from the Fremont BART station, Park & Ride at Wells Fargo, or Ardenwood Park & Ride, and enjoy a direct connection to the main Stanford Medicine campus, with drop offs on Quarry Road, Roth Way, and Palm Drive. Line AE-F is free to all riders, and AC Transit Line U is free with your hospital ID.
- [Dumbarton Express](#)
 - The Dumbarton Express provides direct bus service from the East Bay to the peninsula. Stops at Ardenwood Park & Ride in the East Bay, and at Roth Way Garage on the Main Stanford Campus. Eligible employees ride for free with a Stanford Medicine-provided [Clipper Card](#)
- [Marguerite Line EB](#)
 - The East Bay Express (EB) travels from the Fremont & Union City BART Stations and Ardenwood Park & Ride directly to the Stanford Campus, with stops along Quarry Road. Line EB is free to all riders.

Curious about your commuting options? Click the link below to explore the options available to hospital staff.

[CLICK TO LEARN MORE](#)

Tired of Paying for Parking at the Main Campus? Try the SRI Park & Ride Lot and Shuttle!

The SRI Park & Ride Lot is conveniently located in Menlo Park, and provides FREE parking and transportation for staff at the main hospital campus. Enjoy easy, free parking and a quick shuttle ride that connects directly to Hoover

Pavilion, Lucile Packard Children's Hospital, Blake Wilbur, and 500 Pasteur!

For more information, view the flyer [here](#).

Hospital Transportation Services is here to help if you have any questions. Visit the Hospital Transportation Services [website](#), or reach out via email or phone. The Hospital Transportation Operations Center phone line is operated **24/7**, so you can reach out any time.

Stanford Medicine Transportation Services

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