

BIKE PROGRAM

HOSPITAL STAFF



RIDE A BIKE TO WORK AND ENJOY THE BENEFITS!

Our mild climate and flat terrain is ideally suited for bicycling. Bike to work and take advantage of bike parking, bike repair stations, and more

- ✓ CONVENIENT BIKE PARKING
- ✓ BIKE SHOWERS
- ✓ BIKE REPAIR STATIONS
- ✓ GREAT EXERCISE

BIKE PROGRAM

Enjoy your commute and get your daily exercise by biking to work! Take advantage of the numerous bike racks and bike repair stations on campus, as well as other convenient bike amenities

FOR YOU:

- Bike Repair Stations. There are many bike repair stations with multiple tools for your convenience to make minor repairs and pump up tires. The racks also serve as bike stands.
- Bike cages. Lock your bicycle in the bike room at 500P, located near Welch Road. Look for more bike cages to come.

FREQUENTLY ASKED QUESTIONS

Where can I lock my bike?

There are bike racks near most buildings on the main hospital campus. There is also a bike room attached to Pasteur Staff Garage (on Welch Rd) that accommodates 122 bicycles. Use your badge for access into the bike room.

Are there any showers on campus?

There is a shower and locker room on the Hoover Medical Campus. In addition, there are showers in 300 Pasteur, 500 Pasteur, and at Lucile Packard Children's Hospital.

Can I take my bike on the train?

Yes, Caltrain, BART, ACE train, and Amtrak all allow commuters to bring bicycles on trains. Many buses and shuttles offer bike racks on the front or back of the vehicle. Contact the transit agencies or visit their websites for more information.

MORE RESOURCES

For more bicycling resources and tools for both new and experienced riders, visit the Silicon Valley Bicycle Coalition Website:

<https://bikesiliconvalley.org/>



*authorized badge access only

